



NOOSA YOGA RETREAT 2023 REGISTRATION FORM &  
CONTRACT

**PERSONAL INFORMATION:**

Your Name: \_\_\_\_\_  
Today's Date \_\_\_/\_\_\_/\_\_\_  
Address: \_\_\_\_\_

\_\_\_\_\_

Date of Birth: \_\_\_/\_\_\_/\_\_\_

Home Phone: \_\_\_\_\_  
Work Phone: \_\_\_\_\_  
MobilePhone: \_\_\_\_\_ Email: \_\_\_\_\_

Emergency Contact  
Name: \_\_\_\_\_  
Home Phone: \_\_\_\_\_  
Work Phone: \_\_\_\_\_  
Mobile Phone: \_\_\_\_\_  
Relationship: \_\_\_\_\_

How did you hear about the Yoga Retreat? \_\_\_\_\_

If you have not already attended classes with Rachel can you please describe your yoga practice including asana, pranayama and meditation? Please tell us which of these you practice, how often, etc.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Are you a Yoga Teacher? \_\_\_\_\_

Do you have any injuries or physical limitations?

\_\_\_\_\_  
\_\_\_\_\_

Do you take any medication?

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Do you have special dietary needs?

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Accommodation - please let us know which one by circling the options

Day Visitor

Camping bring your own tent

Camping tent provided single

Camping tent provided Queen

Studio Room Queen

Studio Room Single

Luxe Room King bed for two people ( couple or friends)

Will you be traveling with others? \_\_\_\_\_

From where will you be traveling? \_\_\_\_\_

**PAYMENT INFORMATION:**

**Please indicate with a check mark which price you are paying depending on accommodation choice on the line below the price**

\$800 for a day visitor includes Yoga, Self Knowledge and Food but you sleep elsewhere

\_\_\_\_\_

\$900 for camping (bring your own tent, caravan or book one of the two tents on the property) there are two shared showers and two drop toilets for campers plus you get to use the toilet near the dining and lounge area.

\_\_\_\_\_

\$1080 for a semi private room with two single beds or Queen Room with a shared indoor composting toilet and bathroom

\_\_\_\_\_

\$1320 per person for Luxe Room ( this is a king size bed for a couple or friends to share who dont mind sleeping in the same bed with private bathroom and spa

bath)

\_\_\_\_\_

## **DIRECT DEPOSIT**

**Note: Please email [info@rachelzinmanyoga.com](mailto:info@rachelzinmanyoga.com) once you have made the deposit  
Or direct to paypal at [rachel@rachelzinmanyoga.com](mailto:rachel@rachelzinmanyoga.com)**

## DIRECT DEPOSIT

Westpac Byron Bay

Rachel Zinman Yoga

BSB 032573

Account Number 244818

## AGREEMENT OF RELEASE AND WAIVER OF LIABILITY

I \_\_\_\_\_ hereby agree to the following:

I am aware that participation in the physical activity of yoga may result in accident or injury, and I assume responsibility for the risk connected with the participation in this yoga retreat.

I release Rachel Zinman all Rachel Zinman Yoga Staff from any and all claims of injury or damage that may be sustained by me from the following: use of the premises and its surroundings, any equipment or asana technique, or other techniques and activities prescribed.

I certify that I have had a consultation with a health care practitioner in the last year and that I have clearance to participate in yoga. I hereby state that I am in good health and I understand the intensity of physical participation I have committed to.

Cancellation Policy:

Your minimum deposit of \$500 is non-refundable but you can transfer it to another Rachel Zinman Yoga retreat after that date or the equivalent for the LOTUS membership on Sundaram Online Ashram. (a year membership)

Full payment must be received by February 23.

Cancellation after February 23 will forfeit the full fee, unless under very special circumstances of severe illness (with doctor's certificate) or unusual circumstances. Refunds will be made at the discretion of Rachel Zinman Yoga under those circumstances.

In the unlikely case of the Retreat being cancelled for any reason all money paid for

the Retreat itself will be refunded. However, Rachel Zinman Yoga is not responsible for any other expenses incurred or committed such as plane flights and other bookings related to your proposed participation in the Retreat.

Signed: \_\_\_\_\_ Date:

\_\_\_\_\_

Please email to: [info@rachelzinmanyoga.com](mailto:info@rachelzinmanyoga.com)

